

GOLDEN RULES FOR AFTER CARE

DAILY CARE

- **Always wash hands** with soap and water and dry thoroughly before handling the tube.
- **Observation of the stoma site:**
Any redness or swelling of the skin may be the first symptom of infection. For this reason, it's necessary to disinfect the stoma thoroughly on a daily basis. Do not open or move the external fixation device during the first weeks. From the moment the stoma is completely healed, usually 2 weeks after placement of the PEG, remove the cover from the base of the external fixation device, slide the device away from the skin and wash the skin around the stoma with soap and water, rinse and dry thoroughly. Make sure the fixation device is brought back to its original position after the cleaning.
- **Connecting and disconnecting from the Y-adapter:**
Firmly hold the solid ENFit® connector port.
Avoid twisting the flexible Y- adapter tubing.



- **Disconnect:**
Avoid forcing connectors apart or disconnecting with forceps, clamps or other tools.
If you are unable to disconnect, soak in warm soapy water.



- **Keep the ENFit® connectors clean:**
Avoid the build up of feed in connector threads and screw caps.
Clean regularly with warm soapy water as indicated in the instructions for use.

BEFORE FEEDING BEGINS

- **Check for correct tube position:**

Follow methods recommended by your healthcare professional.

- **Inserted tube length:**

Visually inspect the centimeter marking on the PEG tubing immediately above the external fixation device, to observe for any signs of tube migration (internally or externally).

Any concern of incorrect position:

Do not feed, aspirate and check with pH test paper.

- **pH Measurement:**

Attach an ENFit® syringe to the feeding port and aspirate stomach content. Measure the pH of the aspirate with pH indicator paper.

The pH should be lower or equal to 5,5. (refer to local policy)

In case the pH is higher than 5,5: Stop immediately the tube feeds administration and contact your healthcare professional.

Any concerns that the tube may not be in the correct position, do not use the tube until position in the stomach is confirmed.

- **Flushing your tube:**

Flush the CORFLO* PEG tube before and after the administration of feed or medication and at least every 8 hours to prevent tube blockage.

WEEKLY ROUTINE

- **Prevention of "Buried Bumper":**

Once the stoma tract is healed, usually 2 to 4 weeks after placement, the external fixation device cover can be separated from the base to allow for cleaning and optimal position.

Release the tube from the external fixation device, slide the cover upwards and clean the skin and the tube using soap and water.

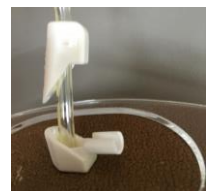
Rinse the skin thoroughly.

Push the tube 1 to 1,5 cm into the stoma.

Rotate the tube 360° and pull it gently back out of the stoma.

Dry the skin and tube thoroughly.

Slide the external fixation base until it sits comfortable on the skin (2-3 mm from the skin), seat the tube into the base and slide the cover into position.



IMPORTANT NOTE

- The enclosed guidelines are only recommendations for appropriate care. These should only be followed when no instructions are available from the healthcare professional or the local hospital. The Avanos guidelines can under no circumstances overrule the local medical or nursing guidelines. The end responsibility for the treatment should remain with the healthcare professional.

There are inherent risks in all medical devices, please refer to the product labeling for Indications, Cautions, Warnings and Contraindications.

For more information, please send
an email to customerservice.uk.ie@avanos.com

AVANOS

www.mic-key.com